

FEBRUARY 2023

OBES Breakfast Menu **PAY FOR MEALS ONLINE** MySchoolBucks.com

Orange Beach Elementary School—BREAKFAST

Monday **Tuesday** Wednesday **Thursday** Yogurt Parfait **Biscuit** Sausage Links Muffin Jelly Cheese Stick Cereal Cereal Fruit Fruit Juice Juice Milk, White 1% Milk, White 1% Milk, Chocolate Fat Free Milk, Chocolate Fat Free 6 French Toast Sticks 8 **Biscuit** Egg Patty Cheese Toast **Pancakes** Syrup Sausage Links Syrup Yogurt Cheese Slice Cereal Scrambled Eggs Cereal

13 **Berry Flavored Waffle** Sausage Links Syrup Cereal

> Fruit Juice

Fruit

Juice

Milk, White 1%

Milk. Chocolate Fat Free

Milk, White 1% Milk, Chocolate Fat Free Yogurt Parfait Cheese Stick

20

27

Cereal Fruit Juice

Fruit

Juice

Milk. White 1%

Milk, Chocolate Fat Free

Muffin

Milk, White 1% Milk, Chocolate Fat Free 14

21

Cereal

Fruit Juice

Milk, White 1% Milk, Chocolate Fat Free

> Breakfast Pizza Cheese Stick Cereal

15

22

Fruit Juice

Milk, White 1% Milk, Chocolate Fat Free Cereal

Fruit Juice

Milk, White 1% Milk, Chocolate Fat Free

> Cinnamon Bun Sausage Links

> > Cereal

Fruit Juice

Milk, White 1% Milk, Chocolate Fat Free Friday

Cinni Minnis Yogurt OR Cheese Stick Cereal

> Fruit Juice

Milk, White 1% Milk, Chocolate Fat Free

Pop-Tart or Cereal Bar Cheese Stick OR Yogurt

Cereal

Fruit Juice

Milk. White 1% Milk, Chocolate Fat Free

Muffin, Assorted Flavors Yogurt OR Cheese Stick

Cereal

Fruit Juice

Milk, White 1% Milk, Chocolate Fat Free

23

16

24

NO SCHOOL / MARDI GRAS BREAK

Scrambled Eggs Cheese Toast

Cereal

Fruit Juice

Milk. White 1% Milk, Chocolate Fat Free **Apple Strudel Stick** Yogurt Cereal

> Fruit Juice

Milk. White 1% Milk. Chocolate Fat Free 28







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